



## SPA POLICIES

### **WHEN SHOULD I ARRIVE FOR MY APPOINTMENT?**

Please arrive 15 minutes early to allow yourself time for a consultation and to check in and change

### **DO YOU HAVE TREATMENTS FOR BOTH MEN AND WOMEN?**

Healing Earth Retreat caters for both men and women. There are a selection of treatments available on our retreat menu specifically designed to benefit both men and women.

### **WHAT IF I AM LATE OR WANT TO CANCEL MY APPOINTMENT?**

Kindly arrive 15 minutes prior to your appointment for a consultation. 24 Hours advance notice is required for cancellation, after which 50% of the treatment cost will be charged. We will however assist in rescheduling your appointments where possible. In case of late arrivals, treatment duration will be reduced accordingly, unless accommodation can be made within the spa schedule.

### **ALLERGIES/ILLNESS**

Please be sure to inform your therapist of any known allergies or current illnesses that may affect your treatment

Please Note: Prices are subject to change without prior notice.



  
**HEALING  
earth™**  
RETREAT

@

**RAS NUNGWI  
ZANZIBAR  
SPA MENU**

## FACIAL CEREMONIES

60min

\$65

Natural organic herbal poultices are a traditional age-old technique used to renew and refresh even the most lifeless skin. With the use of powerful active indigenous ingredients, alternatively Jade Rollers are used to soothe and revitalize tired, dehydrated skin, leaving the skin nourished, replenished and Radiant.

### Your choice of the following facial options:

- \*Hydra Boost Facial with Marula & Rose
- \*Purifying Facial with Neroli & Rose
- \*Glow and Radiance with Jasmine and Baobab

## MASSAGE RITUALS

### Pinotage Deep Tissue Aromatherapy Ritual

60 min

\$55

A unique blend of aromatherapy and plant oils chosen specifically for you, combined with deep tissue massage techniques to bring relaxation to tired, aching muscles and allowing the body to return to perfect balance.

Choose from De-Stress, Hydrate, Relax or Detox.

### Swedish Shea Butter Ritual

75 min

\$65

A rich blend of natural ingredients and shea butter and classic Swedish massage techniques, this treatment will leave you feeling revitalized and restored and provide the skin with the ultimate nourishment in needs.

### Nungwi Earth Soul Signature African Celebration

90min

\$75

A combination of powerful antioxidant oils and traditional African Calabash and Bamboo tools are used, this indulgent ritual is the ultimate source of relaxation for the mind, body and soul

### Balancing Back, Neck & Shoulder Massage

45min

\$40

This unique treatment provides the ultimate massage solution for those specific areas of built up tension in the shoulders, back and neck.

### Couples Indulgence

75min

\$115

An indulgent full body and scalp massage for two, using only the finest aromatherapy oils done in the comfort and serenity of our couples treatment room. Choose from relaxing, uplifting, detoxing or hydrating.

## WAXING TREATMENTS

Half leg	\$27
Full leg	\$37
Underarm	\$27
Bikini	\$37
Lip/Brow	\$20



## BODY POLISH AND WRAPS

Re-awaken your senses and envelop your body with inspirational blends of natural essential oils and home-grown ingredients. Included in this treatment is a body polish, body wrap and a moisturising massage:

**Choose:** Kalahari Melon, (hydrate), Marula and Neroli (soften), Coffee, Cinnamon Orange (tone).

### Exfoliation Only

45 min

\$55

- \* Earth soul Polish
- \* Pinotage Moisturiser

### Earth Soul Wraps -

90 min

\$70

Neutralize, combat stress and fatigue by encapsulating your body in one of our Healing EARTH Body Wraps. This antioxidant treatment will help boost circulation and the immune system. Treatment begins with our signature body polish followed by a wrap from one of the following variations:

- Coffee, cinnamon and orange cellulite & detox soul
- Kalahari melon hydrating soul

## HEALING EARTH HAND AND FOOT TREATMENTS

### African Footprint Ritual

60min

\$55

Melt away stress and rejuvenate your tired feet with this specialized foot treatment and pedicure which will leave your feet feeling beautifully hydrated, softened and silky smooth

### African Handprint Ritual

60min

\$55

Give your overworked hands the boost they need with this hydrating hand treatment and manicure which will leave them renewed and revitalized in no time.

### Express 2 in 1

60min

\$55

For those with limited time, enjoy a file, buff and paint of the hands and feet.

## DAY PACKAGES

### Nungwi Journey

120min

\$95

Receive a luxurious facial ceremony and an African footprint pedicure

### Earth Soul Journey

120 min

\$95

Pamper yourself with our body envelopment and a luxurious facial ceremony

### Couples Journey

150 min

\$180

Indulge yourself in a Signature Nungwi Earth Soul full body journey and a luxurious Facial ceremony with your partner.

